



THE INTRODUCTION Co.

*Where love finds you*

## Daring to Make the First Move - Men

### How to make that first move?

You have had your eye on your friend's friend for weeks and you haven't been able to let her know because

- a) you are terrified she will laugh in your face
- b) you can never get anywhere near her without the others being around
- c) you think she is so gorgeous you will get tongue-tied

### What can you do?

Start thinking positive! If you don't ask, you will never know and then you risk spending a life time wondering what if? The chances are she has already registered your interest and been talking endlessly about you to her friend, wondering when on earth you are going to pluck up the courage to ask her out. If you really can't bear the thought of directly asking her out, get her number from your friend and text asking if she fancies going to see a film / say you have been given some tickets for a show/there's a gallery you want to check out etc. whatever you think might suit her taste/ a local ice rink worth a trip? Suggest it should be fun, rather than full on serious stuff. And make sure you smile!!!

If you are more confident and want to ask her face to face, the trick is to get chatting generally and find out what interests her and then casually give hints about needing a hand with choosing the right sort of shirt to go with..... or help choosing a present for your friend and see how she reacts. She won't need many prompts if she is interested as she will be waiting for an opportunity herself to talk to you on her own anyway.

If all else fails ask your friend to tell her you really like her as she may not have a clue. Even if she doesn't want to go on a date with you the chances are she will feel really flattered to know you find her attractive. Go on go for it.